



## JESUS' 8 STEPS TO HAPPINESS

Step Three: *'Happy are the meek'*  
Matthew 5:5

STEP ONE: **I am NOT God and I need his help**

*'Happy are the poor in spirit'* Matt 5:3 (NIV)

STEP TWO: **I am LOVED by God and His power can help me**

*'Happy are those who mourn'* Matt 5:4 (NIV)

STEP THREE: **I SURRENDER to God's care and control**

*'Happy are the meek'* Matt 5:5 (NIV)

**MEEKNESS... IS NOT WEAKNESS**

**MEEKNESS... IS STRENGTH UNDER CONTROL**

*'Who, being in very nature God, did not consider equality with God something to be used to his own advantage; rather, he made himself nothing by taking the very nature of a servant, being found in appearance as a man, he humbled himself by becoming obedient to death even death on the cross!'* Phil 2:5-8 (NIV)

## **MEEKNESS... IS GOD'S WAY FOR US**

*'As a prisoner for the Lord, then I urge you to live a life worthy of the calling you have received. Be completely humble and gentle; be patient, bearing with one another in love.'* Eph 4:1-2 (NIV)

*'Therefore, as God's chosen people, holy and dearly loved, clothe yourself with compassion, kindness, humility, gentleness and patience.'* Col 3:12 (NIV)

## **MEEKNESS... IS SURRENDER TO GOD'S CARE AND CONTROL**

*'Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.'* Matt 11:28-29 (NIV)

*'I have come that they may have life, and have it to the full.'* John 10:10 (NIV)

### STOP SURRENDERING TO:

PRIDE

GUILT

FEAR

WORRY & DOUBT

### START SURRENDERING TO:

GOD'S SON as your saviour

GOD'S WORD as your standard

GOD'S WILL as your purpose

GOD'S POWER as your strength

## A PRAYER FOR HELP:

Dear God,  
I have spent a lifetime surrendering to pride, guilt, fear, worry and doubt.  
I don't want to live this way anymore.  
I surrender to your care and control over my life.  
Please forgive me for my pride in thinking I am strong enough to run my own  
life. If I could, I would but I can't, so I don't.  
Thank you for your Son Jesus Christ who has come to save me and give me life  
in all its fullness.  
I surrender my life to Jesus!

Dear God,  
thank you for your word and your Holy Spirit that gives me the strength to  
follow your standard for my life.  
I surrender to your word and Spirit. I know you have a plan for my life, so I  
surrender to your will and not my own.  
Heavenly Father I surrender to your power in my life to be my strength.  
Please make me more like your Son Jesus. AMEN



**Wollondilly Anglican Church**